



# Routines for Toddlers

Britain Development ECSE Teachers



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# Tips for Toddlers

- Routines – see attached document about imbedding therapy into your daily routines
- See next slides of pictures for a visual schedule for home
- Give choices throughout the day when your child has a choice (food, clothing, where to have diaper changed), use visual choices if needed
- When there is not a choice, use clear simple directions (time to eat, time for a diaper), do not ask the child if she wants to do these things.
- When the child does not have a choice and a direction must be followed, giving the option “do it or I will help you” gives both you and the child control

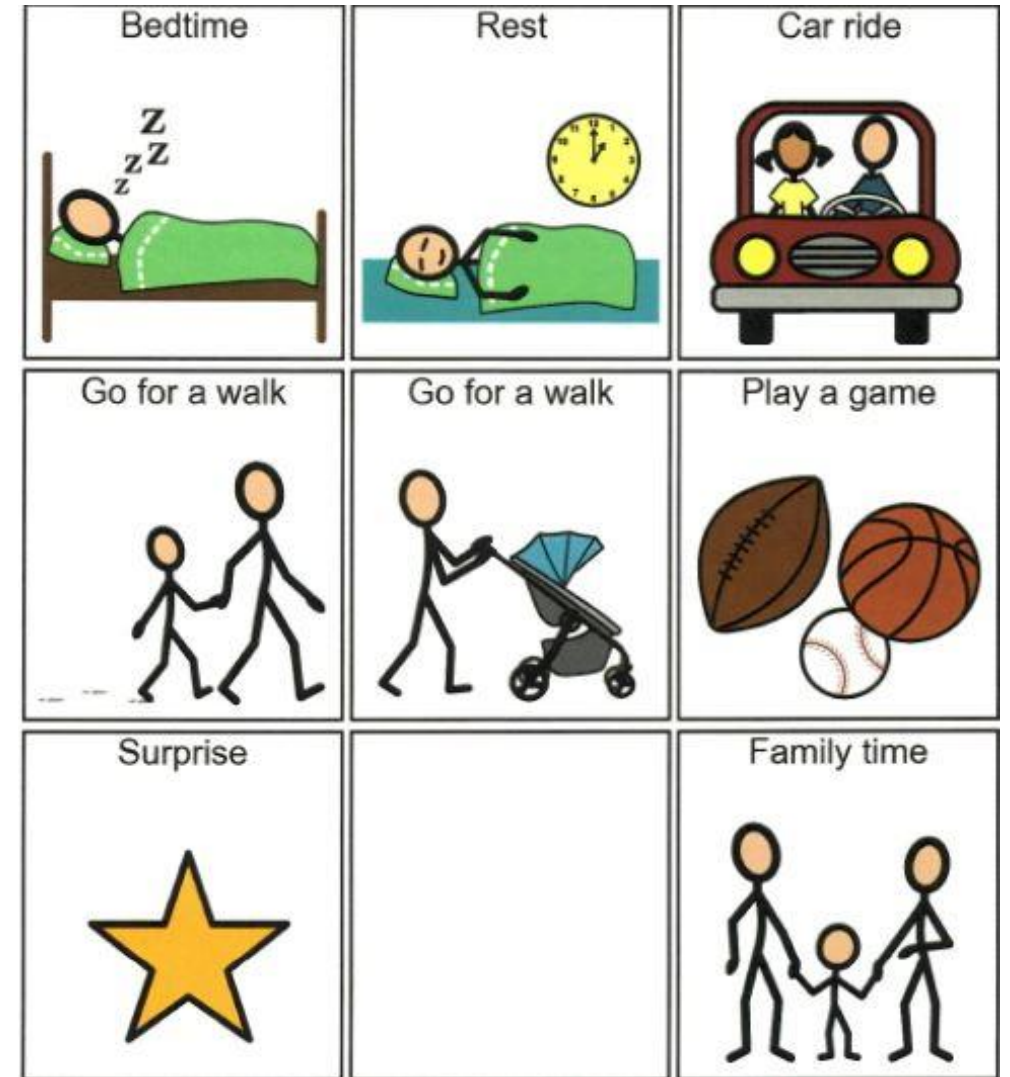


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# Visuals



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# Kitchen



- Bang with pots and pans
- Using wooden/plastic spoons and big metal/plastic bowls like drums
- Have some easy containers that are clear and put a common object inside (shoe, toy apple, ball) see if your child can get the lid off on his own or ask you for help
- Have child stack plastic cups



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# Outside

- Get out sidewalk chalk
- Have child play in the grass
- Use a paint brush and water on sidewalk
- Bubbles



# Bath



- Have a clean child size cup to play with when the water is filling to practicing drinking from a cup or just have the cup to practice pouring
- Grab your turkey baster and let them explore
- Grab your kitchen strainer and let them use it in the tub or you can use a watering can or make your own with a half-gallon jug and poke holes in the lid



**Have a great week!**

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