



Preschool: Around the House:

Britain Development ECSE Teachers



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The Preschool Journey...



- Chores – consider giving your child a daily chore or two to help them know they are an important part of the family group.
- Some ideas include: empty the big trash can, empty little trash cans, unload the silverware from the dishwasher, match socks in laundry, sort laundry, laundry basket pusher, setting the table, making the bed, wiping the table after meals, dusting, cleaning door knobs, feeding/watering pets or plants.



Fun Ideas

- Things to do with paint – [Click here](#) for homemade paint recipe
- Drive matchbox cars through paint to create a picture.
- Paint with a toothbrush.
- Finger-paint mixing two primary colors to get a “new” color.
- Paint with water on the sidewalk or driveway.
- Use items from a nature walk to paint with or to paint on.
- Dip golf balls in paint, add them to a container with a piece of paper. Put the lid on encourage your child to shake it up.
- Add a few drops of food coloring to water and paint on a coffee filter or a paper towel



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- Go on a nature walk
- Build a tower from Tupperware containers or empty boxes, roll a ball to knock it down
- Do some yoga
- Build an obstacle course in the living room or backyard using chairs/boxes/jump rope to step over/etc.
- Scavenger hunt outside or inside and move in different ways (jump, walk backwards, crawl)



Have a great week!

**Extending the Healing Ministry of
Christ**



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