



# Earth Day

Britain Development Pathways Team



**BRITAIN  
DEVELOPMENT**  
B.E. SMITH FAMILY CENTER

**AdventHealth**

A hospital department of AdventHealth Shawnee Mission

# Objectives

- We want to help you feel supported with ideas while your child is at home.
- Feel free to use any of these ideas, but no pressure. Just have fun!
- These ideas are general enough that you can modify to meet your child at their level.
- We will try to include only activities or ideas that use common household items. You don't need to go out and purchase anything! Be creative.
- Reach out if you need help or have questions about information shared.
- Enjoy time with your child!



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# Educational Activity

## SPRING SCAVENGER HUNT

<input type="checkbox"/> An umbrella 	<input type="checkbox"/> A yellow flower 
<input type="checkbox"/> Grass 	<input type="checkbox"/> Clover 
<input type="checkbox"/> A Purple Flower 	<input type="checkbox"/> Bird 
<input type="checkbox"/> Something Pink 	<input type="checkbox"/> A Red Flower 

## COLOR SCAVENGER HUNT

<input type="checkbox"/> Something Red 	<input type="checkbox"/> Something Green 
<input type="checkbox"/> Something Blue 	<input type="checkbox"/> Something White 
<input type="checkbox"/> Something Black 	<input type="checkbox"/> Something Yellow 
<input type="checkbox"/> Something Purple 	<input type="checkbox"/> Something Pink 



## Scavenger Hunt

Materials needed:

- Printed (attached to email) or hand-made scavenger hunt ideas for each child
- Pen or crayon to mark off items
- Your 5 senses
- Shoes if going outdoors
- A bag to collect items or a camera to take pictures.

**Learning through play ideas:** discuss seasonal changes you observe, find things using different senses (smell, taste, see, hear, touch), teach the hot or cold game if they are close to the item, follow a point, have your child show you something "look", discuss colors, textures, shapes, etc.



# Art



## Materials Needed

- Any pan with edges
- Shaving cream or cool whip
- Food coloring
- Animals or any manipulatives
- Paint brush (for kids that may not want to put hands in)
- Water bucket with rags for cleaning

## Directions

- Divide the shaving cream into 2 bowls. Stir in blue food coloring in one bowl and green in the other.
- Spread the shaving cream in the round pan to make it look like planet Earth

**Learning through play ideas:** Naming animals, animal sounds, do animals live in water or on land, mixing of colors, categories of animals (zoo or pets), different features of animals

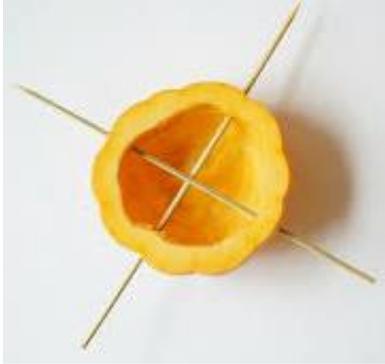


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# Art



DIY bird feeders can be made in a variety of ways with things you already have around the house! Here are a few ideas!

Materials you can use:

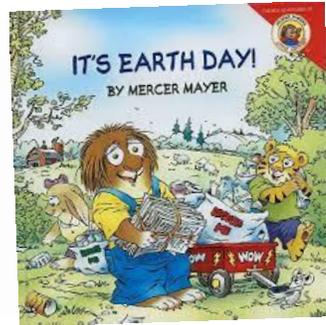
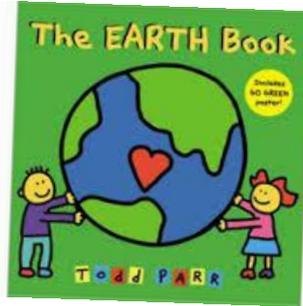
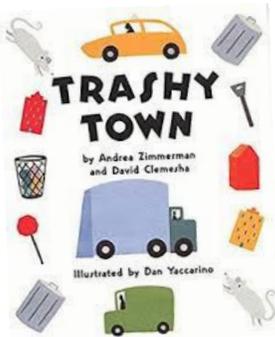
- **Base:** fruit, bread, Legos, pinecone
- **Adhesive:** Peanut butter, Crisco, honey
- **Feed:** Bird seed, oats
- **Hanger:** Yarn, kabob sticks or leave on ground/table

**Learning through play ideas:** Scavenger hunt for materials, talk about what birds might like to eat, let the child come up with a way to make it, help with scooping or spreading, smelling different materials, watching what animals feed off the feeder, check and refill as needed

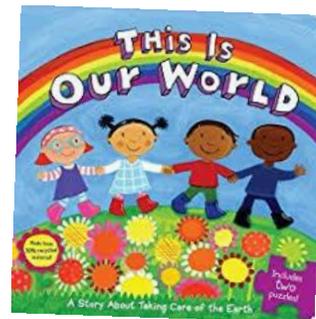
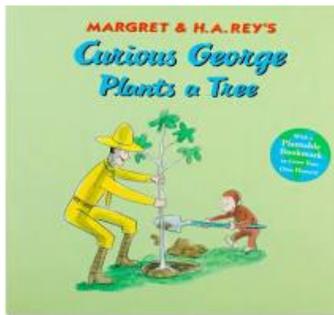
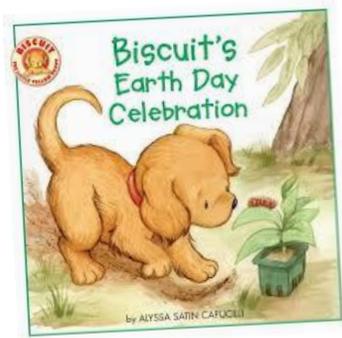


# Speech-Language

Read a book for Earth Day!

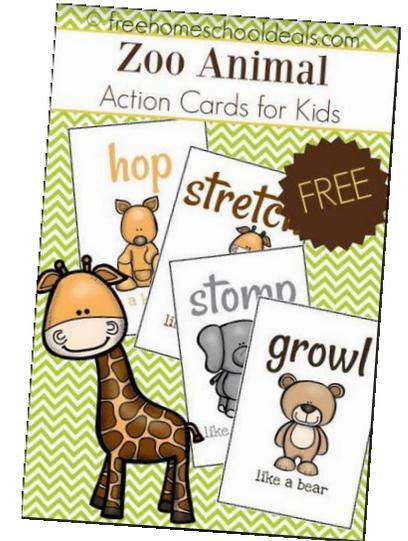


Free 30-day trial with [Epic!](#) - access to children's books, learning videos, etc.



Talk about animals that live on the Earth – pretend to be the animals!

- Hop like a kangaroo, stomp like an elephant, etc.
- Practice receptive vocab by holding up two animal pictures - "find the \_\_\_\_". Take turns and let your child be the "teacher" too!
- Practice describing - "I spy an animal that is green, it hops, and says ribbit".



[Click here](#) to download animal cards or use whatever you have at home!

Scholastic has awesome resources right now! Check out their ["Learn at Home"](#) page for activities, including read-alouds.



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# Feeding



Grab whatever you have at home and get creative! Encourage your child to help you make a fun snack – when they help to make it they are typically more likely to at least try it!

## Oral Motor Strengthening Exercise

Freeze "Earthworms" (gummy worms) - chomp, bite and pull!



# Gross Motor

Focus this week on including sideways movements.

- This can be done by saying "let's go sideways into the kitchen"
- Sidestep onto or along a curb or onto a box



# Sensory



Take a cardboard box and poke small holes that Christmas lights will fit through. Grab your child's favorite book, puzzle, pillow or blanket and place inside the box.



# Fine Motor



Strengthen hands by spraying plants with water.



Tear or cut pieces of tissue paper, scrunch and glue on a plate to make the Earth!



# Music

## Happy Earth Day!

You can celebrate the beauty of our world and make music too with a homemade shaker! All you need is an empty water bottle and small objects found in nature that fit inside.

Go on a walk or bike ride outside and look for sticks, rocks, seeds or acorns. Place these objects inside your empty water bottle. Be sure not to fill your bottle too full! You want the objects to move around and make music.

Try making multiple shakers with different items. One with rocks, one with sticks and one with acorns. Listen to how the different objects in the bottles create different sounds! Rocks might be loud and sticks might be quiet.



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# Music



Once you have your shakers, dance to the song ["The Freeze"](#) by Greg and Steve. Practice shaking while the music is playing and “freeze” when the music stops!

# Wrap Up

- Remember to have fun!
- It's always fun to take photos of your kids involved in fun activities. During this time, photos are even more appreciated by friends, family members, teachers, and therapists who are not able to be with your kids. Share with them!
- Some weeks you may do many of the activities, some weeks you may not have as much time or maybe you make up your own activities! It is totally up to you!

**Have a great week!**

Extending the Healing Ministry of Christ



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